

PRODUCTIVITY IS POWER NEWSLETTER

DESIGN YOUR LIFE, DON'T DRIFT THROUGH IT



Have you ever felt like you were just reacting to life instead of leading it? That's exactly why I created the Life Plan tool—to help you move from drifting to designing.

Your Life Plan is more than a goal-setting worksheet. It's a framework that helps you clarify your values, define your vision, and align your actions. It's the foundation for intentional living and leadership.

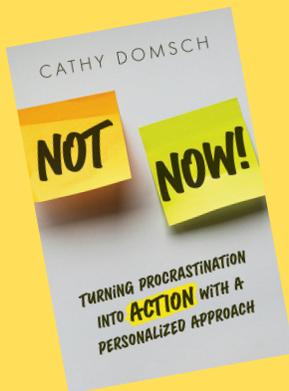
When we don't have a plan, we often find ourselves in the same place 365 days later—feeling stuck, overwhelmed, or wondering where the time went. Without direction, our days fill up with distractions instead of progress. A year from now, you could be celebrating growth—or repeating the same frustrations. **The difference is a plan.**

When I first started using this tool with clients, the transformation was immediate. One entrepreneur realized she was spending 80% of her time on tasks that didn't align with her long-term goals. After building her Life Plan, she restructured her week, delegated more, and finally launched the program she'd been dreaming about.

Another client came to me unsure of what retirement would look like. He felt lost, wondering when to step away from his job and what he would do later in life. Through our coaching sessions and the Life Plan worksheet, he uncovered his passion. We built a retirement plan that aligned with his values and vision.

This week, I'm giving you a sneak peek into the **Life Plan tool** and inviting you to explore how it can shape your 2026.

Explore the Life Plan coaching package here or DM me for a free consult to see how it fits your goals.



ORDER TODAY!

NOT NOW! BOOK

NOT NOW! KIT



A Catalyst For Change

WWW.CATHYDOMSCH.COM

Schedule a virtual coffee with Cathy to discuss ways we can assist you or your team with reaching your goals!